



## **HOME LEARNING – W/B 22/2/21**

### **CHINESE NEW YEAR – THE GREAT RACE**

The activities listed below are to be used over the course of a week. Try something different every day, but there is no expectation that you complete all of them. Sing or say the rhymes every day. Have storytime every day. Try to fit in the exercise routine every day – a la Joe Wickes!!!

To learn more about [CHINESE NEW YEAR, watch LET'S CELEBRATE ON CBEEBIES – It is in 3 parts.](#)

#### **NURSERY RHYME –**

#### **DRAGON, DRAGON**

(To the tune of Twinkle, Twinkle, Little Star)

Dragon, Dragon, dance around,  
 Dragon, Dragon touch the ground.  
 Dragon, Dragon, shake your head,  
 Dragon, Dragon, tongue so red.  
 Dragon, Dragon, stamp your feet,  
 Dragon, Dragon, coming down the street.

Maybe you can do the actions when you sing.

**OUTDOORS** – JUMP IT – Use 2 pieces of rope or thick string to mark out a river. Can you jump over the river? Start with the rope close together and then gradually widen it. How wide can you jump?

**CREATIVE** – Make a Chinese New Year SHAKER. Use a small plastic bottle. Fill with rice or stones and put on the lid. Decorate the outside with red and gold colours. Play along to music.  
 Make a Chinese fan. Take a piece of paper and use pens to decorate. Show your child how to fold it concertina style. Staple one end and open out to make the fan.

**LISTENING AND ATTENTION ACTIVITY** – Play ‘Describe It, Find It’. You will need toy animals. Look at each one, name and say what sound they make. Hide them. Choose one and tell your child about the animal eg it has 4 legs, it is white and it says baa. Can your child guess which animal it is? Repeat and then let your child have a go at describing the animals for you to guess.

**HEALTHY MOVERS** – Put on some music and have a go at the routine below!

Beautiful Balance	Balance on 1 leg. Swing the other leg forward and back to the count of 10. Repeat with the other leg. Now try to balance on one leg and swing your leg across in front of the other one. Repeat.
Crazy Core	Sit on the floor with your legs extended. Use your arms to support your body. Lift your bottom off the floor and lower back down. Repeat 10 times.
Cross the Midline	Sit on the floor with legs out. With one arm lifted straight up, reach over to the opposite leg and try to touch your toes. Repeat with the other arm and leg.
Strong Body	CLIMB THE LADDER – Stand up straight. Use your arms to reach up to the ceiling and lift legs in a climbing motion. Opposite arm to leg.
Great Games	MARCHING – Can you march on the spot – swing your arms and lift knees up. Can you march forwards, backwards and sideways?
Cool Down	Put on some quiet music. Lie down on your back and stretch out your whole body.

Don't forget to tune into Flo leading a 'Healthy Movers at Home' YouTube session every Tuesday and Thursday morning at 10.30am.

Here is the link and all sessions can be viewed either live or recorded. The sessions are based either on or around the cards that the settings have.

<https://www.youtube.com/user/YouthSportTrust>

## NUMBER RHYME

### 5 CHOPSTICKS

(To the tune of 5 Currant Buns)  
5 chopsticks in a Chinese shop,  
Long and straight with writing on the top.  
Along came a boy with a penny one day,  
Bought a chopstick and took it away.  
Continue down to 0

STORYTIME – Watch The Story of The Great Race at <https://www.youtube.com/watch?v=W9D8HUKolqM>

CHALLENGE – The great race. Have a race against members of your family. Try running, walking, marching, on tiptoes, swimming(!), jumping, skipping, striding. Start the race with ready, steady, go. Note down who comes first and who comes last.

For those of you without internet access, there are lots of interesting programmes on CBeebies to watch with your child that will help to develop their knowledge of the world around them. Try:- Show Me, Show Me, Our Family, Grace's Amazing Machines, Number blocks, Alphablocks.

Try <https://www.topmarks.co.uk> for additional resources for **Chinese New Year**

Also look at our website for films and further home learning  
<https://www.atherstonenurseryschool.com/> parent tab – Spring 2021 Remote Learning

Please take photos of your child doing the activities and email them to [admin1002@welearn365.com](mailto:admin1002@welearn365.com). Add any comments that your child has made whilst doing the activities. Thank you.



Use this space as a score sheet for your RACES

RACE	FIRST	LAST
Walking		
Running		
Jumping		
Marching		
Tiptoe		
Swimming		
Skipping		

Who was the winner?

There are 12 animals in the Great Race. Choose your favourite and draw a picture here

