



HOME LEARNING – W/B 8/2/21



WINTER

The activities listed below are to be used over the course of a week. Try something different every day, but there is no expectation that you complete all of them. Sing or say the rhymes every day. Have storytime every day. Try to fit in the exercise routine every day – a la Joe Wickes!!!

NURSERY RHYME –

THE NORTH WIND DOTH BLOW

The North wind doth blow,
And we shall have snow.
And what will the robin do then, poor thing.
He'll sit in a barn and keep himself warm.
And hide his head under his wing, poor thing

Listen to the rhyme at - https://www.youtube.com/watch?v=7hy-XLrLb_c

OUTDOORS – Put a shallow bowl of water outside overnight. See what has happened to it in the morning. If it has frozen, bring it inside and see what happens. You can freeze a small toy in a bowl of water. How can your child get it out? Use sticks or stones to break the ice. Look closely at the frost on branches. What does it look like? How does it feel?

CREATIVE – Make a winter scene picture. Stick strips of sellotape or masking tape onto a piece of paper in the shape of a tree trunk and branches. Paint over the whole piece of paper using wintery colours. When dry, peel the sellotape off to reveal the trees. This is really good practise for those fine motor skills.

LISTENING AND ATTENTION ACTIVITY – Play 'Drum Outdoors'. You will need 2 wooden spoons or sticks. Go outdoors and tap the sticks on different surfaces to hear the sounds that are created. Can you tap loudly or quietly, fast or slowly? Can you tap and sing a favourite rhyme? Which surface makes a loud sound? Can you describe the sound? eg scatchy fence panel, thudding drainpipe. Which is your favourite sound?

HEALTHY MOVERS – Put on some music and have a go at the routine below!

Beautiful Balance	Balance on 1 leg. Lift arms up and out to the side. Touch palms together over your head. Bring arms back down. Repeat with the other leg. Try to do it slowly.
Crazy Core	Sit on a chair. Hold the side of the chair with each hand. Use your hands to push yourself off the chair. Repeat 10 times.
Cross the Midline	IN/OUT – Start with arms open wide and straight at the elbow. Bring them in to give yourself a hug and then fling them out again. Repeat 10 times in time to the music.
Strong Body	COMBAT CRAWL – Wriggle along the floor using elbows and legs just like a soldier does.
Great Games	WONDERFUL WALKING – Can you walk forwards, backwards, quickly with small steps or slowly with giant steps? Try sideways and on tiptoes. Can you do all of these with your eyes closed?

Don't forget to tune into Flo leading a 'Healthy Movers at Home' YouTube session every Tuesday and Thursday morning at 10.30am.

Here is the link and all sessions can be viewed either live or recorded. The sessions are based either on or around the cards that the settings have.

<https://www.youtube.com/user/YouthSportTrust>

NUMBER RHYME –

5 LITTLE SNOWMEN

5 little snowmen standing in a row,
Each with a hat and a big red bow.
Out came the sun and it stayed all day,
And 1 little snowman melted away!
Continue down to 0.

Listen to the rhyme at - <https://www.youtube.com/watch?v=vrfCD9wjLUE>

STORYTIME – Watch ‘The Gruffalo’s Child’ by Julia Donaldson at:-

<https://www.youtube.com/watch?v=MUQm8Qb64EI>

CHALLENGE - Go outside to complete the Winter Challenge 1 (attached). Take a photo of your collections and send to Nursery.

For those of you without internet access, there are lots of interesting programmes on CBeebies to watch with your child that will help to develop their knowledge of the world around them. Try:- Show Me, Show Me, Our Family, Grace’s Amazing Machines, Number blocks, Alphablocks.

Also look at our website for films and further home learning

<https://www.bedworthheathnurseryschool.com/>_parent tab – Spring 2021 Remote Learning

Please take photos of your child doing the activities and email them to admin1002@welearn365.com. Add any comments that your child has made whilst doing the activities.

Draw a picture of the GRUFFALO and his CHILD

Please bring into school when your child returns. Thank you.

