

# Atherstone and Bedworth Heath Nursery School Federation Opal Milestone and Skills Document

## Communication and Language

<b>Communication and Language – OPAL 24 months milestone</b>	
<b>Milestone</b>	<b>Skill</b>
Puts two or more words together	converse
Repeats words and finds objects when asked e.g. ball, shoes	listen, engage
Responds to familiar music, songs or rhymes	expression of ideas and feelings

<b>Communication and Language – OPAL 30 months milestone</b>	
<b>Milestone</b>	<b>Skill</b>
Is interested in books and stories	listen, engage
Can stop what they are doing and can listen to you	interact, respond, listen
Uses lots of new words	elaborate, express
Beginning to use words like, me, I and you	converse, interaction

<b>Communication and Language – OPAL 36 months milestone</b>	
<b>Milestone</b>	<b>Skill</b>
Responds to questions and instructions	listen, interact, converse, respond
Asks for help if they need it	interact, listen, converse, respond
Speaks in simple sentences	converse, interact, exchange, express ideas and feelings

**Communication and Language – OPAL 42 months milestone**

<b>Milestone</b>	<b>Skill</b>
Sings songs and rhymes	listen, respond, engage
Talks with other children	interact, converse, listen, engage, respond, elaborate, expression of ideas and feelings
Listens and responds to things said by others	listens, responds, interacts, converse, engage, elaborate, express feelings and ideas
Able to follow an instruction with two parts e.g. Get your coat and open the door	listen, respond

**Communication and Language – OPAL 48 months milestone**

<b>Milestone</b>	<b>Skill</b>
Talks about what they are doing and things they remember	listens, responds, interacts, converse, engage, elaborate, express feelings and ideas, storytelling
Starts conversations with familiar people and questions	listens, responds, interacts, converse, engage, elaborate, express feelings and ideas,
Listens when they are in a group with other children	listens and engage.

**Communication and Language – OPAL 54 months milestone**

<b>Milestone</b>	<b>Skill</b>
Listens attentively in range of situations	listen, interact, engage
Asks and answers questions to find out more	listens, responds, interacts, converse, engage, elaborate, express feelings and ideas,
Talks in clear sentences about people they know, what they see and how they are feeling	listens, responds, interacts, converse, engage, elaborate, express feelings and ideas

**Personal, Social and Emotional Development – OPAL 24 months milestone**

<b>Milestone</b>	<b>Skill</b>
Enjoys simple make-believe play e.g. having a cup of	communicates feelings and emotions, focusing attention
Likes to do things for themselves, without help	managing own needs, set simple goals, persist, self-regulate
Displays a range of big emotions, e.g. May jump up and down when excited	communicates feelings and emotions

**Personal, Social and Emotional Development – OPAL 30 months milestone**

<b>Milestone</b>	<b>Skill</b>
Watches what friends are doing and joins in with play	form relationships and co-operates.
Likes to help you when you are busy, e.g. putting shopping away	co-operation, forming relationships
Begins to assert independence and challenge boundaries	communication feelings and emotions, persist, self-regulation.

**Personal, Social and Emotional Development – OPAL 36 months milestone**

<b>Milestone</b>	<b>Skill</b>
Shows an interest in others and makes new relationship	feelings and emotions and forming relationships
Explores new environments	sets simple goals, focuses attention

**Personal, Social and Emotional Development – OPAL 42 months milestone**

<b>Milestone</b>	<b>Skill</b>
Shows awareness of the feelings of others	communicate feelings and emotions, form relationships
Knows what they want to play with and where to find it	set simple goals, focus attention, persist.
Plays with others	co-operate, listen, communicate feelings and emotions, form relationships, persist, wait, self-regulate.

**Personal, Social and Emotional Development – OPAL 48 months milestone**

<b>Milestone</b>	<b>Skill</b>
Can play with others, sharing what they are using with help	communicating feeling and emotions, forming relationships, co-operate, negotiate, wait, manage own personal needs and self-regulate.
Plays imaginatively with other children	communicating feelings and emotions, forming relationships, listen, explain, focus attention, wait
Confident to have a go and try new things	set yourself simple goal, persist, focus attention, self-regulate

**Personal, Social and Emotional Development – OPAL 54 months milestone**

<b>Milestone</b>	<b>Skill</b>
Stays at activities that they really like without being distracted by other things or people	persist, focusing attention, set simple goals
Understands and follow some rules	communication feelings and emotions, negotiate , co-operate, listen, wait, self-regulate
Is able to make friends	communicating feeling and emotions, forming relationships

**Physical Development – OPAL 24 months milestone**

<b>Milestone</b>	<b>Skill</b>
Climbs over obstacles	core strength, co-ordination, agility, positional and spatial awareness.
Uses a spoon or fork to feed themselves	co-ordination, positional and spatial awareness, proficiency, control and awareness.
Climbs stairs independently	core strength, co-ordination, agility, positional and special awareness.

**Physical Development – OPAL 30 months milestone**

<b>Milestone</b>	<b>Skill</b>
Can run around, change direction and slow down so they don't bump into things	core strength, co-ordination, agility, positional and special awareness.
Can make lines and marks	co-ordination, positional and special awareness, proficiency, control
Builds a tower	co-ordination, positional and special awareness, proficiency, control and confidence.

**Physical Development – OPAL 36 months milestone**

<b>Milestone</b>	<b>Skill</b>
Uses the toilet with some support	managing own personal needs, core strength, co-ordination.
Moves around their environment with awareness and control	co-ordination, positional and confidence
Manages a range of equipment purposefully e.g. can use a spade to fill a bucket	co-ordination, positional and special awareness, core strength, co-ordination, positional and confidence

**Physical Development – OPAL 42 months milestone**

<b>Milestone</b>	<b>Skill</b>
Uses the toilet independently	managing own personal needs, core strength, co-ordination.
Climbs, runs and jumps with confidence	core strength, co-ordination, agility, positional and special awareness.
Uses toys and tools safely	proficiency, control and confidence.

**Physical Development – OPAL 48 months milestone**

<b>Milestone</b>	<b>Skill</b>
Can dress themselves with some support	personal needs, co-ordination positional and special awareness.
Gives new challenges a go and is aware of their own safety	proficiency, control and confidence.

Use resources with some control, e.g. pour from a jug into a cup	co-ordination positional and spatial awareness, proficiency, control and confidence.
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**Physical Development – OPAL 54 months milestone**

<b>Milestone</b>	<b>Skill</b>
Use a variety of tools with accuracy, e.g. pencils, paint and scissors	co-ordination positional and proficiency, control and confidence.
Independently uses the toilet and keeps themselves, clean and dry	managing personal needs
Can move around spaces with control and co-ordination –	control and co-ordination positional and special awareness.

**Literacy – OPAL 36 months milestone**

<b>Milestone</b>	<b>Skill</b>
Enjoys sharing books with adults	interact, listen, interact, engage
Uses simple marks including lines, curves and circular movements –	co-ordination, position and special awareness.

**Literacy – OPAL 42 months milestone**

<b>Milestone</b>	<b>Skill</b>
Enjoys listening to stories and making up play scenarios	interact, listen, interact, engage, respond, storytelling, expression of ideas
Makes many different marks, including closed shapes, e.g. circles	co-ordination, position and special awareness.

**Literacy – OPAL 48 months milestone**

<b>Milestone</b>	<b>Skill</b>
Looks at books and has some favourites	listen, expression of ideas and feelings, co-ordination
Makes marks to represent their name and talks about their drawings	co-ordination, spatial awareness, converse, respond and elaborate, expression of ideas of feelings

Knows the difference between pictures and words	decoding
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**Literacy – OPAL 54 months milestone**

<b>Milestone</b>	<b>Skill</b>
Begins to recognise familiar letters or words e.g. letters in their name, familiar names and shop signs	comprehension of written language
Can form shapes that are starting to look like letters	co-ordination, control, spatial awareness , proficiency
Will talk about stories as they are read to them.	comprehension of written language, expression ideas of feelings, storytelling

**Mathematic – OPAL 36 months milestone**

<b>Milestone</b>	<b>Skill</b>
Shows an awareness of number	comparing, describing, exploring, manipulating
Use mathematical language in their play e.g. big, small, heavy, light	measuring, exploring, describing

**Mathematic – OPAL 42 months milestone**

<b>Milestone</b>	<b>Skill</b>
Knows how to solve everyday problems in their play e.g. how to get water from one place to another	exploring, reasoning, abstract thinking
Recognises some numbers and shows an interest in counting	counting, describing, comprehension of written language

**Mathematic – OPAL 48 months milestone**

<b>Milestone</b>	<b>Skill</b>
Beginning to count objects in their play	counting, comparing

Understands how different shapes fit together e.g. in their art work or block play	creating patterns, combining, manipulating, measuring
Will notice who have more or less e.g. who has more trains or pieces of fruit	comparing, partitioning, sharing, combining, reasoning

### Mathematic – OPAL 54 months milestone

<b>Milestone</b>	<b>Skill</b>
Counts to find out how many things they have	counting, combining, recall, co-ordination
Recognises numbers in their environment	Recall, describing
Knows the name of some shapes	describing, creating patterns, recall,
Notice and compare size, weight and capacity in their play	notices and compares size , weight and capacity in their play, sharing, exploring, reasoning, recall, describing, abstract thinking.