

HOME LEARNING – W/B 1/3/21

JACK AND THE BEANSTALK/ WORLD BOOK DAY

The activities listed below are to be used over the course of a week. Try something different every day, but there is no expectation that you complete all of them. Sing or say the rhymes every day. Have storytime every day. Try to fit in the exercise routine every day – a la Joe Wickes!!!

NURSERY RHYME –

MARY, MARY

Mary, Mary, quite contrary, How does your garden grow?
With silver bells and cockle shells,
And pretty maids all in a row, row, row,
And pretty maids all in a row.

OUTDOORS – Plant some seeds in a plant pot. Think about how you can look after them so that they grow. Take photos and send them into Nursery so everyone can see them.
Play hide and seek – pretend that the adult is the Giant and you are Jack. Make yourself very small to hide.

CREATIVE – Make a beanstalk that will grow. Take a long piece of green paper. Concertina fold it like for the Chinese fans. Gradually pull it upwards to make your beanstalk grow. Add some leaves.

LISTENING AND ATTENTION ACTIVITY – To celebrate World Book Day, watch a selection of delightful video books, from classic fairy tales to funny rhymes, listen to stories read by famous people and enjoy the fun downloadable activities available for every story: worldbookday.com/share-a-story-corner

HEALTHY MOVERS – Put on some music and have a go at the routine below!

Beautiful Balance	How good are you at balancing now? Try this again to see if you have improved. Stand still with eyes closed. Count to 10. Stand on 1 leg – count to 5. Repeat with other leg. Repeat with eyes closed.
Crazy Core	HIGH KNEELING – Kneel on the floor. With a partner, put the palms of your hands together and try to push each other over.
Cross the Midline	Touch your right knee with your left hand and touch your left knee with your right hand. Repeat 10 times
Strong Body	CLIMB THE BEANSTALK – Stand up straight. Use your arms to reach up to the ceiling and lift legs in a climbing motion. Opposite arm to leg.
Great Games	CORNERS – Place an object in each corner of the room or garden. Move around the space and on a command, run to that object. Move in different ways, walk, jump, hop, march, skip. Vary the game, run to an object, adult looks away and shouts out an object. If you are in that corner, you are out!
Cool Down	Put on some quiet music. Lie down on your back and stretch out your whole body.

Don't forget to tune into Flo leading a 'Healthy Movers at Home' YouTube session every Tuesday and Thursday morning at 10.30am.

Here is the link and all sessions can be viewed either live or recorded. The sessions are based either on or around the cards that the settings have.

<https://www.youtube.com/user/YouthSportTrust>

NUMBER RHYME

5 LITTLE PEAS

5 little peas in a pea pod pressed,
1 grew, 2 grew and so did all the rest.
They grew and they grew and they did not stop.
Until one day, the pod went pop!!

STORYTIME – Watch The Story of Jack and the Beanstalk at

<https://www.youtube.com/watch?v=oyYh43hxSts>

CHALLENGE – The beanstalk was very tall. Can you find 5 things in your house that are taller than you and 5 things that are shorter? Note them down on the paper below.

For those of you without internet access, there are lots of interesting programmes on CBeebies to watch with your child that will help to develop their knowledge of the world around them. Try:- Show Me, Show Me, Our Family, Grace’s Amazing Machines, Number blocks, Alphablocks.

Try <https://www.worldbookday.com> for additional resources for **World Book Day**

Also look at our website for films and further home learning

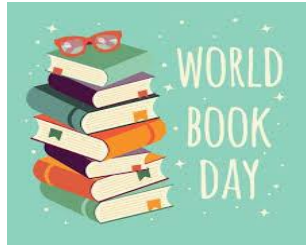
<https://www.bedworthheathnurseryschool.com/> parent tab – Spring 2021 Remote Learning

Please take photos of your child doing the activities and email them to admin1002@welearn365.com. Add any comments that your child has made whilst doing the activities. Thank you.

Use this space to write down 5 things that are taller than you and 5 things that are shorter

OBJECT	TALLER	SHORTER

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Use the space below to draw an illustration or write about your favourite book.

My Favourite Book is